



dharma vision

Buddhist Community News

March 2015



ARSENIC IN WELLS : KILLING OUR CHILDREN

You see in the media, talk about the desperate need for clean drinking water, good; but no mention of how these organizations will provide it. We have found, in our years of experience supplying clean rain water to children, that many wells have brackish water in low lying areas with heavy metals and worst of all arsenic in other wells. Studies by UNICEF and as seen on google, show it to be tasteless, colourless killer. Some villages have as many as 60% casualties from well water. There is no cure, resulting in neurological damage followed by death. Terracotta filters cannot filter arsenic. When new they can only deliver 3 Litres a day, we need 20 Litres per classroom. Experience shows that filters do what they are designed to doclog up.

For several years we have pointed out the problem with the wells, more and more they are being abandoned. Water tanks with healthy drinking rain water tested by the Pasteur Institute in Phnom Penh prove our water to be safe and health benefit.

We need more generous donors to meet our target of 8000 water tanks by year end. Will you help ?

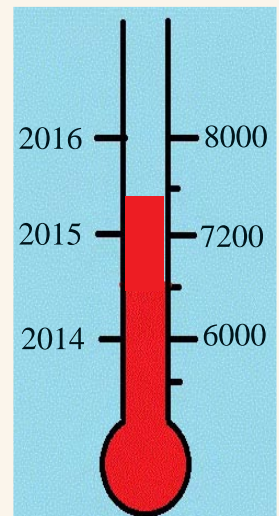
A Generous Donation



Thanks to a generous donation, we are on our way to reach our target of 8000 tanks by the end of this year.

But, the drop in the \$A by 30% requires more donations to reach our target.

Our target is to build 8000 tanks by the end of 2015



We have built 7454 tanks by the end of February 2015.

Depending on the donations, we could build water tanks in all the 924 primary schools in Kampot, Kompong Speu and Kep provinces in the next 3 years.

Buddhist Library

Debating Lifts Cambodian Schools



First time in their life and a brand new concept for Cambodia. Our Cambodia Project manager, Sydney based Rajeendra Perera took his son and daughter with him to teach debating in English as his daughter is extremely talented debater aged 14.

After mere 3 hours of introduction and few rounds of trial debates, the Khmer English students took the art like proverbial ducks. 6 groups debated several subjects with real emotion in the preliminary rounds and the semi finals. The finalists debated on the topic "Farming is better than going to school" and surprisingly affirmative team won the finals with some clever points.

Our Khmer English teachers were thrilled and promised to introduce debate to their daytime classes, a fabulous way to build self confidence vital for their future. That group of peeping toms at the window were fascinated and pleaded to be included. Clever and a joy watching them develop their debating skills.



Another story of success from our English class graduate

Life has changed for Saya Oun, as she recently got a job as a receptionist at Dya Mong Hotel in Kampot Province.

Saya said: "I passed the interview right away because my good skills in English and Computers. My family and I are very excited. I work 8 hours a day, 5 days a week. My salary including breakfast and lunch is about US\$180. I have already started my accounting course at the university as I can pay for it now. At the end I thank to my English teacher of Boeng Touk School and my computer teacher, Rolos School and especially the donors of BLCP, who have helped many children in Cambodia like me. If there was no supporting I would not get this job. I wish them health and happiness".

Project Cambodia

Events @ Library

Insight Meditation Course by Jim Teoh

Date: 7 April - 5 May 2015 (5 Tuesday nights)
Time : 7 - 9 PM

This 5-week course introduces the practice of Buddhist Insight (vipassana) meditation based on the teachings of the Buddha contained within the Discourse on the Establishment of Mindfulness (Satipatthana Sutta)

All Sessions by Dana. Please register online.

Daytime Absolute Beginners Meditation Course by Patricia Austin

Date: 16 April - 7 May (4 Thursday Mornings)
Time : 10 - 11.30 AM

This 4-weeks course led by Patricia Austin is designed for those with no previous training in meditation. In a relaxed and open setting, participants will be introduced to the principles and practice of Vipassana (insight) meditation through training in mindfulness, as taught by the Buddha.

All Sessions by Dana. Please register online.

Remembering the Present an introduction to Mindfulness with Patrick Kearney

Date: 2 May 2015 and 3 May 2015 (Sat & Sunday)
Time : 9.00 - 5.00PM

This non-residential workshop will introduce you to the practice of mindfulness as understood by the Buddha and his students.

All Sessions by Dana. Please register online.

Buddhism in a Nutshell

Peter Kingsford, Theresa Baw, Simon Hilton, Tina Ng

Date: 16 May 2015 (Saturday) : Time : 1 - 5 PM

For the beginner wanting to learn more about Buddhism, sometimes it is hard to know where to begin and where to go from where you are. This short introductory course provides an overview of Buddhism and the core teachings of the Buddha. The course will be presented by a panel of speakers from various backgrounds. This will also be an excellent opportunity to ask all your questions about Buddhism.

All Sessions by Dana. Please register online.

Services Provided by Buddhist Library

We provide number of services for the benefit of the Buddhist community in Australia. The library has over 7000 Buddhist books range from introductory material to scholarly texts in all main schools of Buddhism and related subjects.

Free books on Buddhism and meditation are also available. Please visit our web site.

We have a hall available for hire.



Meditation Stools and cushions are available for sale.

Meditation Cushions : \$ 80/\$70

Mediation Stools : Folding \$90, Fixed legs \$75

Regular Programmes at the Buddhist Library

Tuesday Night Buddhism / Meditation Course 7 - 9PM

Wednesday Evening Meditation Class - Lotus Buds Group
7.30PM - 9.30 PM

Thursday Weekly lunchtime Meditation with Kumari Delgoda
- 12.15 - 1PM

Thursday Power Yoga and Meditation with Giles Barton 6.30
- 7.30PM

Saturday Gentle Yoga and Meditation with Giles Barton 10AM
- 11.45 AM

Saturday Practical Buddhism Discussion with Jim Teoh
First Saturday of the month - 5 - 7 PM

Sunday Wake up Mindfulness Meditation
Every 1st and 3rd Sunday of the month - 5 - 7PM

Library Opening Hours

Monday	12.30 - 5.00PM
Tuesday	12.30 - 7.00 PM (Library has extended hours of borrowing and browsing before the Tuesday night class)
Wednesday	12.30 - 5.00PM
Thursday	12.30 - 5.00PM
Friday	12.30 - 5.00PM

**Address : 90, Church Street, Camperdown
NSW 2050**

Phone: 02 9519 6054

Website: www.buddhistlibrary.org.au

Enq & Bookings : info@buddhistlibrary.org.au